



# Instructions for obtaining or renewing a Food Handler / Health card

<u>Step 1:</u> Pick up a specimen (STOOL) container kit from the front desk at Myrah Keating Smith Community Health Center or Morris De Castro Clinic between the hours of **8:00 am to 5:00 pm**.

# **Collection instructions:**

Collect a walnut size specimen in the green top tube provided in your kit, without toilet debris.

Tube must be labelled with:

Your Name

Date of birth

Date and time collected

Refrigerate specimen until is delivered

DO NOT PUT THIS PAPER BACK IN THE BAG, IT HAS THE REST OF YOUR INSTRUCTIONS!!

NOTE:

Specimens will be accepted only in the provided tube.

### DO NOT HOLD SPECIMEN OVER 24 HOURS

<u>Step 2:</u> Bring your specimen and register for lab at Myrah Keating Community Health Center. Specimens are accepted from **Monday - Friday from 8:00 am to 11:30 am only**. (With exception of Government holidays).

#### Lab fee is \$25.00 Cash only and due at time of drop off.

#### Step 3:

Register at Morris De Castro Clinic Monday - Friday between 8:30 am and 10:30 am.

(With exception of Gov. Holidays).

## The following items will be required to register at De Castro Clinic:

- Government issued ID
- ORIGINAL Social Security Card (COPIES WILL NOT BE ACCEPTED)
- Receipt from Myrah Keating Smith Community Health Center
- \$30.00 Cash Only
- Proof of Physical address and mailing address

Lab results are sent directly to Morris De Castro Clinic. Allow 3 Business days for processing.

Cards are issued at Morris De Castro Clinic Monday - Friday from 1:30 pm to 3:30 pm.

Registration at Morris De Castro must be completed before card can be issued.